

Lake County Schools COVID-19 Guidance

In collaboration with Lake County Public Health Division

Measures to be taken when a student, teacher or staff member has symptoms, is a contact of someone infected, or is diagnosed with COVID-19.

Student or Staff Member		Action	Communication from School to Parents
COVID-19-LIKE SYMPTOMS	Experiencing sudden onset of COVID-19-Like Symptoms at School Site	<p>Immediate Action for Student: Student to be screened by School Nurse. School will send symptomatic student home. Parent/Caregiver to arrange for testing.</p> <p>Immediate Action for Staff: School will send the symptomatic staff home. Symptomatic staff will arrange for testing.</p> <p>School/Classroom Status: Remains Open.</p>	No notification needed
NEGATIVE	Test negative after symptoms, and no contact with a COVID-19 positive case	<p>Staff/Student may return to school one day after symptoms resolve</p> <p>School/Classroom Status: Remains Open.</p>	Consider school community notification if prior awareness of testing
EXPOSURE	Is a close contact with a confirmed COVID-19 case	<ul style="list-style-type: none"> • Upon notification, send staff or student that had contact with confirmed COVID-19 case home. • Public Health will Quarantine them for 14 days from last exposure • Public Health will recommend testing (but will not shorten 14-day quarantine) <p>School/Classroom Status: Remains Open.</p>	Consider sending school community notification that school has been notified of a student or staff member that has had close contact with a positive case
CONFIRMED COVID-19 POSITIVE	Is confirmed positive with COVID-19 infection	<ul style="list-style-type: none"> • Notify Public Health Monday- Friday 8-5 at (707) 263-1090 and ask for the Nurse of the Day. For after-hours notification please call and leave a message at (707) 263-1090 Ext 9. • Public Health will Isolate the COVID-19 Positive individual and exclude from school for 10 days from symptom onset or test date. • Assist Public Health with identifying their school contacts, Public Health will quarantine & exclude exposed contacts (likely entire cohort for 14 days after the last date the case was present at school while infectious. • Public Health will recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14-day quarantine) • School will disinfect and clean classroom and primary spaces where COVID-19 case spent significant time <p>School Status: Remains Open.</p>	<p>Send school community notification that school has been notified of a student or staff member that has been identified as a positive case</p> <p style="text-align: center;"><u>- Template Letter for positive test</u></p>



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Guidelines for COVID-19 Exposure Scenarios for Schools

The following guidance for steps are recommended to take in response to confirmed and suspected positive cases on your school campus.

Scenario	Response and Isolation Steps	Communication and Contact Tracing Steps
<p>1. Student has tested positive for COVID-19</p>	<ul style="list-style-type: none"> • Student to remain at home for 10 days. If asymptomatic, the 10 days begins on the date the student was tested. If symptomatic, the 10 days begins on the day the symptoms began. • If symptoms persist beyond 10 days, student to remain at home until at least one day after symptoms have resolved without the use of medication. • School will identify locations where the student spent more than 15 minutes: classroom, library, cafeteria, school bus, etc. If these locations have not been cleaned and sanitized since the student was present, close location for as close to 24 hours as practical for cleaning and sanitizing. 	<ul style="list-style-type: none"> • School to notify Lake County Public Health Nurse of the Day. • School to assist Lake County Public Health in identifying close contacts. If they were asymptomatic, close contacts would need to be identified by looking at time frame of 2 days prior to the date the student was tested. If symptomatic, close contacts would need to be identified by looking at time frame of 2 days prior to the day the symptoms began. School to send notification letter to all close contacts to follow up with Public Health. • Notify school community of known case. • Lake County Public Health will advise ALL household and close contacts to quarantine for 14 days and to monitor for symptoms. If other school-aged children are in the household, Public Health will notify their respective school sites. • If second case either confirmed or suspected in classroom, either teacher or student, OR three or more cases in the school, OR if evidence of school-based spread, consult with Lake County Public Health to close classroom or school for 2 weeks and advise all students and teachers in classroom or school to quarantine for 2 weeks.

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<p>2. Student becomes ill off school campus and is waiting for COVID-19 test results</p>	<ul style="list-style-type: none"> • Student to remain at home for 10 days or if symptoms persist beyond 10 days, for at least one day after symptoms resolve without the use of medication. OK to return to school if test negative for COVID-19 AND symptoms have resolved for at least one day. 	<ul style="list-style-type: none"> • School will recommend student follow up with physician for evaluation and testing. • School will notify student’s family that other school-aged household contacts should not return to school for 14 days from last contact with index case. Household contacts may return if student tests negative for COVID-19 AND household contacts have been asymptomatic for at least one day. • School will notify classroom teacher and advise teacher to monitor other students for symptoms. • If second confirmed or suspected case in classroom, school to identify close contacts in classroom and other school settings in the two days prior to illness up to the time the student was last in class, including key contributing factors. Identify close contacts with symptoms and advise them to quarantine for 14 days. • Notify Lake County Public Health Nurse of the Day.

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<p>3. Student develops COVID-19 symptoms while at school</p>	<ul style="list-style-type: none"> • Student placed in isolation room with separate entrance until transported home or to higher level of care. More than one student may be placed in isolation room if all masked and socially distanced as much as possible. Staff person with full PPE (N95 or higher mask, goggles, gown, and gloves) must be immediately available to evaluate or assist student if necessary. • Student may be accompanied while moving from classroom or other school site to isolation room by staff person with face covering AND observing social distancing protocols. If closer contact required, staff person with full PPE must accompany child to isolation room. • Isolation room to be cleaned and sanitized after symptomatic student leaves. Room cannot be re-used until cleaning and sanitizing completed. • Student to remain at home for 10 days or if symptoms persist beyond 10 days, for at least one day after symptoms resolve without the use of medication. OK to return to school sooner if test negative AND symptoms have resolved for at least one day without the use of medication. 	<ul style="list-style-type: none"> • Recommend student follow up with physician for evaluation and testing. • School to identify close contacts. Close contacts would be identified by looking at time frame of 2 days prior to the day the symptoms began. School to send notification letter to all close contacts. • School would advise ALL household and close contacts to quarantine for 14 days and to monitor for symptoms. If other school-aged children are in the household, parents would be asked to notify their respective school sites. • If second case either confirmed or suspected in classroom, either teacher or student, OR three or more cases in the school, OR if evidence of school-based spread, consider consultation with Lake County Public Health to close classroom or school for 2 weeks and advise all students and teachers in classroom or school to quarantine for 2 weeks. • Notify Lake County Public Health Nurse of the Day.

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<p>4. Member of student's household tests positive for COVID-19</p>	<ul style="list-style-type: none"> ● Student, and ALL household contacts, including other school- aged household contacts, need to quarantine and not return to work or school for 14 days from date of last contact with index case during index case isolation period. 	<ul style="list-style-type: none"> ● Student sharing household with positive index case to quarantine for 14 days per Public Health Order ● Lake County Public Health will advise all other school-aged household contacts to quarantine for 14 days after last contact with index case. ● If student sharing household becomes symptomatic, refer to scenario #2 above. If student tests positive refer to scenario #1 above.
<p>5. Teacher tests positive for COVID-19</p>	<ul style="list-style-type: none"> ● Teacher to remain at home for 10 days. If asymptomatic, the 10 days begins on the date the teacher was tested. If symptomatic, the 10 days begins on the day the symptoms began. If symptoms persist beyond 10 days, teacher to remain at home until at least one day after symptoms have resolved without the use of medication. ● If not cleaned and sanitized since teacher was last in class or in any other school setting for more than 15 minutes continuously in the two days prior to testing positive or becoming symptomatic, close classroom or other school settings for as close to 24 hours as practical for cleaning and sanitizing. 	<ul style="list-style-type: none"> ● Notify Lake County Public Health Nurse of the Day. ● School to assist Lake County Public Health to identify close contacts. If they were asymptomatic close contacts would need to be identified by looking at time frame of 2 days prior to the date the teacher was tested. If symptomatic, close contacts would need to be identified by looking at time frame of 2 days prior to the day the symptoms began. School to send notification letter to all close contacts to follow up with Lake County Public Health. ● Notify school community of known case. ● Lake County Public Health will advise ALL household and close contacts to quarantine for 14 days and to monitor for symptoms. If there are school-aged children in the household, notify their respective school sites. ● If second case either confirmed or suspected in classroom, either teacher or student, OR three or more cases in the school, OR if evidence of school-based spread, consult with Lake County Public Health to close classroom or school for 2 weeks and advise all students and teachers in classroom or school to quarantine for 2 weeks.

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<p>6. Student feels ill with COVID-19 symptoms, but parent/guardian will NOT be testing child.</p>	<ul style="list-style-type: none"> • Student to remain at home for 10 days. The 10 days begins on the day the symptoms began. If symptoms persist beyond 10 days, student to remain at home until at least one day after symptoms have resolved without the use of medication. 	<ul style="list-style-type: none"> • School will recommend testing and follow up with physician for index case. • School will notify teacher of symptomatic student and to monitor class to determine if others become ill. • Notify Lake County Public Health Nurse of the Day.
<p>7. Student tests negative but has COVID-19 symptoms; <i>possible false negative</i></p>	<ul style="list-style-type: none"> • Student to remain at home while symptoms persist consistent with screening protocols at school. Ok to return to school after negative COVID-19 test AND all symptoms have resolved for at least one day without the use of medications OR cleared by a physician. 	<ul style="list-style-type: none"> • School will recommend testing and follow up with physician for index case. • School will notify teacher of symptomatic student and to monitor class to determine if others become ill. • If second confirmed or suspected case in classroom, school to identify close contacts in classroom and other school settings in the two days prior to illness up to the time the student was last in class, including key contributing factors. • Identify close contacts with symptoms. School to send notification letter. • Notify Lake County Public Health Nurse of the Day.

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<p>8. Administrator or other staff member, or volunteer tests positive for COVID-19</p>	<ul style="list-style-type: none"> ● Index case to remain at home for 10 days. If asymptomatic, the 10 days begins on the date the index case was tested. If symptomatic, the 10 days begins on the day the symptoms began. If symptoms persist beyond 10 days, index case to remain at home until at least one day after symptoms have resolved without the use of medication. ● Identify locations where the index case spent more than 15 minutes: classroom, library, cafeteria, school bus, etc. If these locations have not been cleaned and sanitized since the index case was present, close location for as close to 24 hours as practical for cleaning and sanitizing. 	<ul style="list-style-type: none"> ● Notify Lake County Public Health Nurse of the Day. ● School to assist Public Health to identify close contacts. If they were asymptomatic close contacts would need to be identified by looking at time frame of 2 days prior to the date the student was tested. If symptomatic, close contacts would need to be identified by looking at time frame of 2 days prior to the day the symptoms began. School to send notification letter to all close contacts to follow up with Lake County Public Health. ● Notify school community of known case. ● Lake County Public Health will advise ALL household and close contacts to quarantine for 14 days and to monitor for symptoms. If other school-aged children are in the household, notify their respective school sites. ● If second case either confirmed or suspected in classroom, either teacher or student, OR three or more cases in the school, OR if evidence of school-based spread, consider consultation with LCPH to close classroom or school for 2 weeks and advise all students and teachers in classroom or school to quarantine for 2 weeks.

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<p>9. Administrator or other staff or volunteer feels ill with COVID-19 symptoms</p>	<ul style="list-style-type: none"> ● Index case is sent home immediately or placed in isolation room with separate entrance until transported home or to higher level of care. ● Isolation room to be cleaned and sanitized after symptomatic index case leaves. Room cannot be re-used until cleaning and sanitizing completed. ● Index case to remain at home for 10 days or if symptoms persist beyond 10 days, for at least one day after symptoms resolve without the use of medication. OK to return to school sooner if test negative AND symptoms have resolved for at least one day without the use of medication. 	<ul style="list-style-type: none"> ● School will recommend testing and follow up with physician for index case. ● If second confirmed or suspected case on campus is identified, school to identify close contacts in classroom and other school settings in the two days prior to illness up to the time the index case was last in class, including key contributing factors. Identify close contacts with symptoms and advise them to quarantine for 14 days. ● If index case tests positive for COVID-19, see #8 above. ● Notify Lake County Public Health Nurse of the Day.
<p>10. AM Kindergarten student or teacher tests positive for COVID-19</p>	<ul style="list-style-type: none"> ● PM Kindergarten sharing classroom with AM class with positive case shall move class to another location on the day of notification unless classroom cleaned since index case tested positive. 	<p>See scenario #1, #5, and/or #8 above.</p>
<p>11. Outbreak of COVID-19 cases on campus</p>	<ul style="list-style-type: none"> ● Review all situations when two or more positive cases in a classroom, or three or more positive cases within a 2-week period on a school campus with Lake County Public Health consistent with CDPH guidance. 	<ul style="list-style-type: none"> ● Consider classroom or school shutdown on case by case basis in coordination with Lake County Public Health and consistent with CDPH guidance.

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12. Bus driver or student rider on bus tests positive for COVID-19	<ul style="list-style-type: none"> • Refer to #1, #5, and/or #8 above. 	<ul style="list-style-type: none"> • Refer to #1, #5, and/or #8 above. • Conduct contact tracing consistent with guidance for school scenarios described above, paying attention to key contributing factors. • Consult with Lake County Public Health if questions regarding determining close contacts on bus.
13. After-School Program student or teacher or staff tests positive for COVID-19, or has COVID-19 symptoms	<ul style="list-style-type: none"> • Ensure availability of space to isolate children or staff with symptoms, with staff person with appropriate PPE available to monitor while awaiting disposition to home or for higher level of care consistent with guidance in above scenarios. 	<ul style="list-style-type: none"> • Conduct contact tracing consistent with guidance for school scenarios described above, while determining if close contacts in alternative settings utilized by after-care program.
14. It is after-hours and you get notice that an employee or student has tested positive for COVID-19.	<ul style="list-style-type: none"> • Employee or student who tested positive should self-isolate. • Refer to #1, #5, #8 and/or #12 above. 	<ul style="list-style-type: none"> • Notify Public Health Monday- Friday 8-5 at (707) 263-1090 and ask for the Nurse of the Day. For after-hours notification please call and leave a message at (707) 263-1090 Ext 9.
15. If an employee has a member of their household that is displaying COVID-19 symptoms, but the family member displaying the symptoms is not a confirmed case (whether it's because they haven't been tested or are awaiting results)	<ul style="list-style-type: none"> • Encourage employee to contact their health care provider. • Employee should practice physical distancing, and ensure they are masked. • Employee will self-check for COVID-19 symptoms. • If symptoms appear, employee should get tested for COVID-19. 	<ul style="list-style-type: none"> • Notify Lake County Public Health Nurse of the Day if you have questions.

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Definitions:

Close contact: A person who is within 6 feet from the infected person for greater than 15 minutes. For cohorts of children under 12 years of age, Lake County Public Health considers all staff and children in a cohort to be close contacts. For cohorts of any age, if people have spent time together indoors then the entire cohort, classroom, or other group may need to be considered exposed. It may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors. For questions about the criteria for a close contact, refer to Lake County Public Health at (707) 263-1090 ask for Nurse of the Day. If afterhours and weekends call (707) 263-1090 Ext 9 and leave a message.

Social Distancing/Classroom Configuration: If there is social distancing in classrooms including in the configuration of student desks, and teachers and students wear masks when unable to socially distance (for example when student and teacher are working at the student's desk) then classroom contacts not necessarily considered close contact.
Cohort: A stable group with fixed membership that stays together for all courses and activities (e.g., lunch, recess, etc.) and avoids contact with other persons or cohorts.

MIS-C: Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

Index Case: The first identified case in a group of related cases of a communicable or heritable disease.

Outbreak: Two or more confirmed COVID-19 positive cases in a classroom OR three or more confirmed COVID-19 positive cases on the school campus within 14 days.

Quarantine: Separates individuals who are close contacts of a confirmed COVID-19 positive case but who are not yet ill. Individuals who are close contacts quarantine for 14 days from the date of last known contact with a COVID-19 patient. Household close contacts quarantine for 14 days after last close contact with index case while they are in isolation.

Isolation: Separates infected people who have a confirmed COVID-19 test from others. Symptomatic COVID-19-19 positive individuals must isolate for a minimum of 10 days from onset of symptoms and at least one day without fever and an improvement in respiratory symptoms. Asymptomatic COVID-19 positive individuals must isolate for 10 days from test collection date.

Reference(s):

"CSNO COVID-19 Health Services Recovery Plan Resource Guide in Educational Settings" California School Nurses Organization

California Department of Public Health "COVID-19 and Reopening In-Person Learning Framework for K-12 Schools in California, 2020-2021 School Year July 17, 2020"

<https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19-19/Schools%20Reopening%20Recommendations.pdf>

California Department of Public Health "COVID-19 Industry Guidance: Schools and School Based Programs, Updated August 3, 2020"

<https://files.covid19.ca.gov/pdf/guidance-schools--en.pdf>