



LAKE COUNTY OFFICE OF EDUCATION

TO TEACH. TO SERVE. TO LEARN.

Sample Note to Parents:

Thank you for all of your hard work and continuing to support your child through this stressful time. YOU are making a huge impact on your child for their emotional wellbeing as well as their academics. Please do not stress about doing each activity for the exact amount of time. This is simply a sample schedule to help you. The most important thing you can do for your child is to be with them and help them to make sense of everything that is happening. Cook together, read together, play games together, and find things that make you happy each day. Together we will all work to create a positive and safe environment for our children.