



# LAKE COUNTY OFFICE OF EDUCATION

TO TEACH. TO SERVE. TO LEARN.

## Sample Daily Schedule

- 8:30 Breakfast and review plans for the day
- 9:00 Storytime
- 9:15 Phonics
- 9:45 Movement break
- 9:50 Drawing/writing time
- 10:15 Recess/playtime
- 10:40 Reading practice
- 11:05 Movement break/stretching
- 11:10 Math
- 11:45 Help prepare/get lunch. Wash hands, talk about different foods and what letters they start with or how to spell them.
- 12:00 Eat and talk about which foods your child prefers and how their morning went. Once they finish eating and clean up their area they can play.

## Optional Activities: (pick a couple as you have time)

- Science
- History
- Crafts or games
- Physical Education